

Families First Programme 2017/18

Appendix 3



Families First programme

- Social Services and Wellbeing Act 2014 – Families First for preventative services
- Cabinet Secretary's letter gave new programme direction:
 - TAF model – Supporting Family Change
 - Use of the JAFF (Joint Assessment Family Framework)
 - Disability element ring fenced
 - Family Support
 - Targeted Youth support



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Supporting Family Change

- Fulfils the TAF requirement of the grant
- Families with multiple needs that need co-ordinated support
- Team has expanded to become more multi-disciplinary
- 2 additional key workers, 0.5 FTE Education Support Worker, 0.5 FTE Youth Respect Worker, 0.4 FTE Psychologist



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Targeted Youth and Family Engagement

- Four elements – Youth Engagement, Young Parents, Family Engagement, Outdoor Activities
- Young people and families will be referred to the project based on the following criteria:
- Poor social and emotional health and well being, social isolation, poor personal and social development, challenging behaviour and difficulties around appropriate boundaries, poor relationships



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Targeted Youth and Family Engagement

Youth Engagement

- For young people who are disengaged, unwilling to receive support or who would benefit from tailored youth work support due to unmet or emerging needs.
- Supported interventions through one to one sessions and group based activities that aim to develop personal and social skills, raise confidence, build self esteem and build resilience.

Young Parents

- For younger parents identified as having emerging needs and who are disengaged from services and / or their community, and who find it difficult to integrate with older parents/families.
- Community based sessions will support young people to overcome barriers, tackle challenges they face and to grow and develop as young people and as parents.

Family Engagement

- For Families of children and young people adversely affected by poor relationships/behaviours within the family and who are disengaged from services.
- One to one and group support for emotional and behavioural well-being.
- A range of activities/support flexible to the needs of families.



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Families Learning Together

- Deliver Essential Skills to families through groups in the community and with families on a 121 basis in the home.
- Increase parents' understanding of how to support their children's learning and development.



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Youth Respect

- Referrals only from SFC and the Youth Offending Service
- For young people showing early indications of, or are already exhibiting, abusive, aggressive and controlling behaviours in family or intimate relationships.



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Early Prevention (Part 1)

- Super Shellby – speech and language support, co-ordinated through schools for reception aged children
- Assisted and Supported Places - placements for children with emerging needs. The Assisted Place is the paid-for placement and the Supported Place funds 1 to 1 support in addition, if needed.



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Early Prevention (Part 2)

- ISCAN co-ordinator – support for referrals via the ISCAN panel
- Health Outreach (ABUHB) – Pre and post natal support for parents in non-Flying Start areas
- Little Voices (external) – early language development groups running for 10-12 weeks for children with speech, language and communication needs



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Supporting Steps/More than Play

(Action for Children)

- This project will deliver a bespoke package of child development in the home with the child and family, supporting the family to develop strategies to maximise the learning and development ability of their child.
- This project is aimed at children aged 18 months – 2.5 years (at referral) with emerging needs, to increase their baseline assessment towards the ‘normative’ child development expectations.
- Referrals will be made via the ISCAN panel.



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Targeted Parenting Support

(Barnardo's)

- Group based sessions, pre-group individual sessions and bespoke individual sessions.
- Families will receive 3-4 one to one sessions in the home, before they begin a group based programme or further 121 work, based on the needs of the family



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Wellbeing Project

(Provider unknown)

- 121 and group provision for low level mental health, emotional health and wellbeing
- Families will receive 3-4 individual home-based sessions prior to a group or bespoke individual package
- Families must meet one of the following referral criteria to be accepted for support:
Low motivation or low mood, Anxiety, Depression, Social isolation, Traumatic life experiences



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Confident with Cash

(Provider unknown)

- Works with families on a 1:1 basis through home visits and gives them the knowledge, skills and confidence to improve their circumstances.
- A Welfare Benefits advisor also assists with finding out financial entitlements for the family.
- Referral criteria: family must be affected by disability or be a TAF family. All other referrals for Confident with Cash should go via Supporting People



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Domestic Abuse CYP Outreach

(Llamau)

- Support for children and young people affected by Domestic Abuse.
- Individual sessions may take place in the home, school or another appropriate venue
- Group sessions will include focused activities that bring a number of children and young people together, in appropriately age-related groups with appropriately age related sessional content



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Domestic Abuse – Floating Support

(Llamau)

- Extended contract
- 121 sessions providing immediate safety work, support and guidance enabling families affected by Domestic Abuse to remain within their home.
- Group work for mothers to develop their understanding of the impact Domestic Abuse has on themselves as a parent, the impact on their children and how to build the skills to keep their family safe from future abuse.



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Advocacy – CYP & Parental (NYAS)

- CYP contract – extended until June 2017.
- Parental Advocacy - support may include, enabling parent/carers to: Have a voice, participate in meetings, make informed choices, liaise with the Council or other Public Sector bodies, access information, achieve disagreement resolution, feel listened to or respected, read / understand letters and correspondence



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Parent Forum

(The Parent Network)

- Extended contract
- Open access provision for parents – can be used as exit strategy
- Approximately 25 forum groups across Caerphilly giving parents the opportunity to learn new skills, gain volunteering experience and meet other parents.
- Parents are also encouraged to have a voice in the development of other local services and strategies that may affect their lives.



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Young Carers

- Support for all Young Carers will be provided via Children's Service contract
- Families First are looking to fund further groups as an additionality to the contract



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